



JOB DESCRIPTION

Job Title:	Occupational Therapist
Location:	Newbridge House, Sutton Coldfield
Grade:	Band 5 equivalent
Reporting to:	Senior OT
Accountable to:	Clinical Manager

Job Summary:

To manage a defined caseload of young people with eating disorders using evidence based and client centred principles to assess, plan, implement and evaluate interventions at Newbridge House.

Key Responsibilities:

Clinical:

- Undertake occupational therapy assessments for a designated caseload, addressing occupational performance and skill deficits enabling the patient in all areas of self maintenance, productivity and leisure.
- Work with patients to identify occupational therapy goals as part of the overall care plan.
- Plan and implement individual and/or group interventions, in collaboration with the patient, using graded activity to achieve therapeutic goals.
- Monitor and evaluate treatment in order to measure progress and ensure effectiveness of the intervention.
- Ensure that up to date written and electronic records and activity data are maintained in accordance with professional and Newbridge House policy.
- Comply with the College of Occupational Therapists Code of Ethics and Professional Conduct, Health Professions Council and national and Newbridge House procedures.
- Plan, organise and be accountable for the management of a designated caseload.
- Apply acquired skills and knowledge of professional practice in order to develop fitness to practice as an occupational therapist.

- Establish effective communication networks with users and carers, team members, occupational therapy colleagues and other agencies.
- Participate as a member of the multi-disciplinary team, contributing to decisions with regard to patient care programmes, completing, reviewing and following patient care plans.
- Understand and work within the variable nature of the job and respond in a professional manner.
- Respect the individuality, values, cultural and religious diversity of patients.
- Work in any environment necessary to meet the client's needs. This will include Newbridge House, community environments and transport.

Professional:

- Be responsible for ensuring that confidentiality is maintained at all times in accordance with the Data Protection Act, The Children Act, Child Protection Legislation and Newbridge House Policy.
- Maintain professional boundaries at all times.
- Ensure appropriate systems of communication are maintained
- Ensure own professional supervision is maintained.

Educational:

- Maintain a professional portfolio for CPD recording learning outcomes through participation in internal and external development opportunities.
- Demonstrate the ability to critically evaluate current research and apply to practice.
- Review and reflect on own practice and performance through effective use of professional and operational supervision and appraisal.
- Identify own learning needs and highlight with supervisor and Clinical manager

Organisational:

- Contribute to Newbridge House aims and objectives.
- Be responsible for reading, understanding and complying with all relevant Newbridge House and statutory policies and procedures.

Managerial:

- Delegate work as appropriate to Occupational Therapy Assistants and monitor and review as required.
- Participate in the induction, training and education of students and other staff in the setting as directed.
- Understand and exercise a personal duty of care for use of resources i.e. clinical and educational materials.
- Participate in planning, evaluation and audit of practice, clinical pathways and protocols within your area to ensure an efficient service.
- Participate in the delivery of the occupational therapy development plan.
- Contribute to Newbridge House's Clinical Governance arrangements and quality agenda.

Confidentiality:

Your attention is drawn to the confidential nature of information collected within Newbridge House. The unauthorised use of disclosures of patient or other personal information is regarded as gross misconduct and will be subject to Newbridge House’s Disciplinary Procedure in the case of computerised information could result in a prosecution for an offence or action for civil damages under the Data Protection Act 1998.

To be noted:

This is not an exhaustive list of duties and responsibilities. The post holder may be required to undertake other duties which fall within the grade of the job in discussion with the General Manager.

This job description will be reviewed on a regular basis in light of changing service requirements and any such changes will be discussed with the post holder.

The post holder is expected to comply with all Newbridge policies.

Signed:	(Post holder)
Date:	
Signed:	(Clinical Manager)
Date:	